

Conference at a Glance

Grow, Flourish and Thrive in 2025

May 28-30, 2025

Wednesday, May 28th, 2025		
11:00 – 1:30		Conference Registration
2:00 – 4:00	Break @ 3:00	Dr. Karen Schuder – Decrease Anxiety and Promote Healthy Boundaries
4:00 – 5:00		Check into Rooms
5:00 – 6:30		Welcome/Announcements/Dinner
6:30		Free Night (tennis/pickleball/bonfire/corn hole/outdoor pool available)
Thursday, May 29th, 2025		
7:00 – 8:30		Breakfast
9:00 – 11:00	Break @ 10:00	Susan Williams – Compassion, Fatigue & Employee Burnout
11:30 – 1:00		Lunch
2:00 – 4:00	Break @ 3:00	Susan Williams – Work Life Blend & Making Positivity a Habit
5:00 – 6:30		Dinner
7:00		Music Bingo/DJ (dancing/karaoke) – hors d'oeuvres provided by MAPA around 8:30pm – cash bar available
Friday, May 30th, 2025		
7:00 – 8:30		Breakfast
9:00 – 11:00	Break @ 10:00	Sara Croymans & Nikki Crowe – COMET (Changing Our Mental and Emotional Trajectory)
11:15		DOOR PRIZE DRAWING!! Lunch wrap up – to go boxes available